

Module 1: Understanding Your Senses

Topic 1-2	Left Ear and Right Ear
Objective	To improve participants' concentration
Design	Three students form a line, with the left and right ones starting to speak at the same time on the topic assigned by the teacher who should also give an audible interference. When time is up, ask the student in the middle to answer what he has just heard. Award the one who remembers the most.

Topic 1-3	Eye and Ear Switching
Objective	To help participants feel the difference between hearing and seeing
Design	Begin by explaining the purpose of the activity, then guide the participants to see a fixed point in the distance, then plug their ears and count to 30 seconds silently, then close their eyes, lower their hands and listen for 30 seconds. Repeat this procedure several times, then discuss the differences with your classmates.

Topic 1-4	Soundscape Painting
Objective	To create a connection between sound and emotion, to practice the interpretation of sound through different abstract expressions and to promote mutual understanding and respect
Design	Through a sheet of paper containing an oval shape on the surface with a cross in the middle, participants are asked to place themselves at the center and record the sounds around them for 10 minutes using abstract symbols and colors. At the end, the sheets of paper are put together and the group guesses the sounds drawn by each other, thus facilitating mutual understanding and appreciation and turning abstract into figurative expression.